

# Ben's Best DiningRoom Menu

96-40 Queens Blvd.Rego Park, NY 11374

1-800-Bensbest



## “APPETEASERS”

Chopped Chicken Liver, Garni	7.75
Stuffed Cabbage Hungroise	7.25
"Our Own" Stuffed Derma	7.15
Beef Tongue Polonaise	12.00
Chicken Fricassee	8.25
Fried Kreplach	5.75
Pepper Steak	6.75
Chicken Fingers	7.50
Goulash	8.25
Buffalo Wings	8.25
"Unbelievable" Beef Chili	7.50

## SOUPS

	Cup	Bowl
Noodles or Rice	3.15	4.50
Matzo Ball (bowl only)		5.50
Kreplach (bowl only)		5.50
Mushroom Barley Soup	3.25	4.95
Soup du Jour	3.25	5.00

(Ask waiter what is delicious soup for today)

## SALAD PLATTERS

Chopped Liver - (Our Own Delish Liver) on mounds of crisp Lettuce, Sliced Tomato, Potato Salad, Onion, Cole Slaw	12.50
Tuna Fish Surprise - Tomato Stuffed with Tuna Salad, Potato Salad, Cole Slaw	11.25
Chicken Salad -Tomato Surprise Cole Slaw, Garni	11.25
Tossed Salad with Grilled Chicken	12.75
Chef Salad - Julienne of Turkey, Roast Beef Salami, served on Bed of Tossed Greens with Tomato Wedges and Hard Boiled Egg	15.75
Chilled Lettuce and Ripe Tomatoes, Green Pepper, Olives, Cucumbers Served with your choice of Dressing	6.75

## OVERSTUFFED

HOT CORNED BEEF	10.50
HOT PASTRAMI	10.50
BEEF TONGUE	13.45
ROLLED BEEF	10.95
BRISKET OF BEEF	10.95
PRIME ROAST BEEF	10.95
ROAST TURKEY	11.35
SALAMI	8.95
HARD SALAMI	9.75
BOLOGNA	8.95
CHOPPED LIVER	8.75
TUNA SALAD	8.65
CHICKEN SALAD	8.65
MEAT LOAF	8.95

HALF SANDWICH AND CUP OF SOUP	9.45
French Fries	add 1.95
Tongue	add 1.00

(Served Monday - Friday until 4 p.m.)

## MAKE YOUR OWN " EXTRA MEAT" COMBO SANDWICH

Any 2 Meats	14.25	Any 3 Meats	14.95
Tongue on Combo Sandwiches		Extra 2.00	

Our Bread is Custom Baked Daily to Our Recipe and has no Preservatives

### SHARING CHARGE 1.75

#### EXTRAS

Too Much Grief or Aggravation to the Waitsaff \$1.00 extra

Extra Lean Sandwich	1.50	Freshly Sliced	.75
Served on Club Bread or Roll		.75	
Extra Meat on Sandwich	2.25	Fried Onions	1.25
Garlic Bread	1.25		

## DELICATESSEN KORNER

(All Served with Potato Salad, Cole Slaw and Pickle)  
No Substitutions Please • Sharing Charge 1.00 Extra  
Tongue - Add \$2.00

## COLD CUT PLATTERS

CORNED BEEF	16.25	ASSORTED COLD CUTS	16.95
TONGUE	20.95	ASSORTED COLD CUTS	
ROLLED BEEF	16.95	(with TURKEY BREAST)	
PASTRAMI	16.25	ROAST BEEF	16.25

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## DIETERS DELIGHTS

<i>Fresh Fruit Salad and Jello served on a Bed of Crisp Lettuce</i>	6.95
<i>4 oz. of White Meat Turkey served on a Bed of Crisp Lettuce and Tomato</i>	9.45
<i>Tuna or Chicken Salad served on a Bed of Crisp Lettuce and Tomato</i>	9.45

## KNOCKWURST SPECIALS (2) 12.75

*Grilled or Boiled  
with Potato Salad or French Fires or Beans*

## "3 EGG " OMELETTES

*(Served "PANCAKE" Style)  
All served with French Fries and Pickle*

<i>CORNED BEEF or PASTRAMI with EGGS</i>	11.75
<i>SALAMI or BOLOGNA with EGGS</i>	11.50
<i>ONION OMELETTE</i>	9.75
<i>PLAIN OMELETTE</i>	6.75
<i>WESTERN OMELETTE</i>	6.50
<i>DELI OMELETTE</i>	9.95
<b>HOT OPEN FACED SANDWICHES</b>	9.95
<i>HOT TURKEY SANDWICH, GRAVY, FRENCH FRIES, CRANBERRY SAUCE, COLE SLAW and PICKLES</i>	14.95
<i>HOT ROAST BEEF, GRAVY, FRENCH FRIES, COLE SLAW, PICKLES</i>	14.75
<i>HOT BAKED BREAST OF BEEF, GRAVY, FRENCH FRIES, COLE SLAW, PICKLE</i>	14.75
<i>HOT BEEF TONGUE, GRAVY FRENCH FRIES, COLE SLAW, PICKLE</i>	17.75
<i>SLICED STEAK SANDWICH, FRENCH FRIES</i>	16.95

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## CELEBRITY SANDWICHES

MAN-SIZED  
COMBINATION SANDWICHES  
FOR BIG FRESSERS

### BEN'S VERY BEST SUPER SPECTACULAR

CORNERED BEEF, PASTRAMI, ROAST BEEF,  
TURKEY  
& SALAMI ON CLUB GARNISHED WITH  
LETTUCE & TOMATO & HOT PEPPER 19.95

### BEN'S BEST HERO SANDWICH

- HOT PASTRAMI, CORNERED BEEF,  
SALAMI, HOT PEPPER,  
COLE SLAW ON CLUB** 15.75
- 1. SEARS SPECIAL** 14.25  
*Pastrami, Corned Beef, Cole Slaw*
- 2. LEFRAK SPECIAL** 16.95  
*Turkey, Tongue, Corned Beef,  
Cole Slaw, Russian Dressing*
- 3. RACHEL SPECIAL** 16.95  
*Turkey, Pastrami, Tongue,  
Russian Dressing*
- 4. RICHTER & RATNER SPECIAL** 16.95  
*Corned Beef, Turkey and  
Chopped Liver..*
- 5. WEEKS LERMAN** 9.50  
*Chopped Liver, Crisp Lettuce, Sliced  
Tomatoes, Bermuda Onion*
- 6. J. E. LEVINE BUILDER** 16.95  
*Rolled Beef, Tongue, Chicken Salami  
and Cole Slaw*

## ENTREES

*A La Carte*

- MEAT LOAF** 14.50  
*Mashed and Choice of Vegetable*
- OLD FASHIONED BOILED BEEF FLANKEN  
IN THE POT** 21.50  
*Chicken Soup, Noodles, Fresh Carrots, Matzo Ball and  
Kreplach*
- BOILED CHICKEN IN THE POT** 18.25  
*Chicken Soup, Noodles, Fresh Carrots,  
Matzo Ball and Kreplach*
- HALF ROAST or BOILED SPRING CHICKEN** 16.25  
*Choice of Potatoes, Vegetable*
- CHICKEN FRICASSEE CASSEROLE** 16.25  
*On Bed of Rice*
- CHICKEN CUTLET** 16.25  
*Breaded Cutlet prepared Golden  
Served with Rice and Brown,  
Choice of Vegetable*
- HUNGARIAN GOULASH (In Casserole)** 16.95  
*Bed of Noodles, Carrots and Peas*
- BRAISED FRESH BRISKET OF PRIME BEEF** 16.95  
*Pan Roast Potatoes, String Beans*
- STUFFED DERMA** 13.25  
*(3 Thick Pieces), Carrots and Peas*

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## 7. DR. RUTH WESTHEIMER

Brisket of Beef, Breast of Turkey, Lettuce  
& Tomato & Russian Dressing 14.95

## 8. STERLING OPTICAL SPECIAL

Open-Faced Sliced Breast of Turkey,  
Chopped Liver 14.25

## 9. DAILY NEWS SPORTS FINAL SPECIAL

Corned Beef, Pastrami, Rolled Beef, Sweet Pepper  
and Cole Slaw 14.95

## 10. ALLYSON SPECIAL

Sliced Turkey, Cole Slaw, Stuffed Olives,  
Russian Dressing (All White Meat) 14.95

## 11. RANDI LEVINE SPECIAL

Pastrami, Salami, Corned Beef, Cole Slaw 14.95

## 12. CIRCUIT CITY

Turkey Salami, Sweet Pepper, Cole Slaw 14.50

## 13. CONGRESSWOMAN NITA LOWEY

Roast Beef, Turkey, Bermuda Onion 14.95

## 14. MARSHALL'S SPECIAL

Pastrami, Corned Beef, Tongue Cole Slaw,  
Russian Dressing 16.95

## 15. CONGRESSMAN WEINER

Roast Beef, Bermuda Onion 10.75

## 16. P.C. RICHARD

Open-Faced Breast of Beef, Chopped Liver,  
Bermuda Onion 13.95

## 17. NEW YORK NEWSDAY

Salami, Tongue, Corned Beef and Cole Slaw 17.95

## 18. NOITU SPECIAL

Open-Faced Pastrami, Chopped Liver 14.50

## 19. ASAP SALES CORP

Turkey, Tongue, Cole Slaw, Russian Dressing 16.95

## 20. ARCH ELECTRIC

Chinese Mustard, Rolled Beef, Corned Beef,  
Sweet Red Pepper, Cole Slaw, Russian Dressing.  
(Tums Available on Request) 16.95

## 21. BED, BATH AND BEYOND

Rolled Beef, Turkey, Corned Beef, Sweet Pepper,  
Cole Slaw 14.95

## STUFFED CABBAGE ROLLS (2)

Ben's Style with Freshly Chopped Meat  
and Rice, Carrots and Peas,  
Pan Roast Potatoes 16.25

## ROUMANIAN TENDERLOIN STEAK

### CHAR-BROILED

Smothered in Onions, French Fried Potatoes 24.95

### BEEF TONGUE POLONAISE

Raisin Gravy, Pan Roast Potato 21.95

### LONDON BROIL

Mushroom Sauce, French Fried Potatoes,  
Carrots and Peas 25.95

### CHAR-BROILED, CHOPPED

### TENDERLOIN STEAK

Freshly Ground to your order. Smothered in  
Onions, French Fried Potatoes 15.50

### PRIME CUT ROAST BEEF

Natural Gravy Pan Roast Potatoes,  
String Beans 16.50

### ROAST MARYLAND TURKEY

Stuffing, Gravy, French Fries, Carrots and  
Peas Cranberry Sauce 16.95

### BEN'S FAMOUS CORNED BEEF

### AND CABBAGE

Boiled Potato 16.5

### RIB STEAK

Smothered in Onions - French Fries, Vegetables 26.95

### POTATO PANCAKES (3)

with Applesauce 10.75

Derma Instead of Vegetable or Potato 1.25 Extra

DINNER SHARING \$3.00 EXTRA

## FROM THE SEA

### BROILED FILET OF FRESH FLOUNDER

Baked Potato, Fresh Cut String Beans 17.95

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## 22. CONGRESSMAN GARY ACKERMAN

### SPECIAL

*Open-Faced Corned Beef, Breast of Turkey,  
Sliced Bermuda Onion, Russian Dressing* 14.25

## 23. ENQUIRE PRINTING

*Hot Roast Beef, Pastrami, Sweet Pepper,  
Fried Onions on Club* 14.95

## 24. PARKSIDE CHAPELS

*Tongue, Chopped Liver Sliced ,Bermuda Onion* 16.75

SHARING CHARGE 1.50

ON CLUB .75 EXTRA

A La Carte

## BROILED SALMON

*Baked Potato, Fresh Cut String Beans* 19.50

## SIDE DISHES

*OUR OWN HOME-MADE FRENCH FRIES* 3.75

*OUR OWN HOME-MADE SWEET*

*POTATO FRIES* 3.75

*BAKED POTATO* 3.50

*POTATO SALAD* 2.95

*MACARONI SALAD* 2.95

*BEN'S FAMOUS HOME-MADE*

*COLE SLAW* 2.95

*OUR OWN HEALTH SALAD* 3.25

*BAKED BEANS* 3.25

*FRANK ON ROLL (served with pickle)* 3.50

*HUSH PUPPIES* 4.50

*HEARTS OF LETTUCE and TOMATO* 4.50

*MUSHROOM and EGG BARLEY* 3.50

*SWEET or HOT PEPPER* 2.95

*SPINACH LOAF* 4.25

*KASHA VARNISHKES* 3.95

*POTATO PANCAKE with APPLESAUCE* 3.95

*"OUR" FAMOUS HOME-MADE KNISHES  
(Potato, Kasha or Spinach)* 3.75

*HOME-MADE ONION RINGS* 3.75

*CARROTS & PEAS or STRING BEANS* 3.50

*FRESH SPINACH with GARLIC* 3.50

*MASHED POTATO* 3.95

*TOMATO SALAD* 3.75

*STUFFED DERMA* 3.75

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## SOMETHING DIFFERENT

### COUNTRY STYLE CHICKEN POT PIE

*A Hearty Blend of Plump Chicken and Garden Fresh Vegetables, Covered by a Delicious Pastry Crust*

9.95

### PU-PU PLATTER

*Derma, Stuffed Cabbage, Potted Meat Balls and A Special Treat Selected For You By Our Chef*

14.95

### BRAISED BRISKET OF BEEF

*Served on Golden Brown Garlic Bread - A Real Treat for the Adventurous*

13.95

### GRILLED CHICKEN BREAST ON A BUN

*Empire Chicken Breast, Grilled & Served w/Lettuce, Tomato & French Frie*

10.95

### BEN'S FAMOUS BATTER DIPPED FRIED CHICKEN (In The Basket)

*Served with Our Home Made French Fries and Cole Slaw*

11.95

## BEEF

### ENCOUNTERS

#### STEAK OR

#### TURKEY BURGER

*8 oz. of Lean Steak or Turkey Prepared the Old Fashioned Way and Served on a Toasted Bun*

Steak **7.50** Turkey **8.50**

#### SUPREME BURGER

*8 oz. of Lean Chopped Beef or Turkey with Lettuce and Tomatoes, French Fries, Cole Slaw and Pickle*

Steak **9.75** Turkey **10.50**

## KID'S FARE

### McBen's Nuggets & Fries, Mr. Frank n' Fries or Ben's Jr. Burger & Fries

Beverage Included

8.50

## Daily Specials

### MONDAY:

**SPRING CHICKEN** - Roasted to Perfection, Served with Our Own Stuffing and Carrot Tzimmes

14.50

### TUESDAY:

#### SPAGHETTI & MEATBALLS -

*(I Know People Don't go to a Kosher Deli for this, But Try It, You'll Love it.)*

10.95

### WEDNESDAY:

**MEAT LOAF** - *If Mama Made It This Good You Would Never Have Left Home. Served with Creamy Mashed Potatoes & Gravy*

12.50

### GRILLED CHICKEN -

*Succulent Breast of Chicken Grilled Over an Open Flame, Served with Spinach and Garlic and*

*Pan Roasted Potatoes*

15.50

### THURSDAY:

#### OLD FASHIONED BOILED BEEF FLANKIN IN THE POT -

*Chicken Soup, Noodles, Fresh Carrots, Matzo Ball and Kreplach*

18.95

**FRIDAY:** *Traditional Friday Night Dinner.*

#### HAND SLICED BAKED BRISKET OF BEEF -

*Served with Potato & Vegetables*

15.95

#### BOILED CHICKEN IN THE POT -

*Half of a Tender Boiled Chicken in Broth with Kreplach & Matzo Balls & Vegetable Garni*

16.95

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### PASTRAMI BURGER

*Beef or Turkey*

*A Delicious Burger Broiled with Slices  
of Tangy Pastrami, Served on Bun with  
French Fries, Cole Slaw and Pickle*

Steak **10.95**      Turkey **11.95**

### Take Out \$17.50

#### CHICKEN SPECIAL Tues. & Fri.

Whole Empire Roast Chicken  
1 qt. Chicken Noodle Soup 1 lb.  
1 LB. Homemade Cole Slaw  
Choice of Kasha Varnishkes  
or Egg Barley (Pint)

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## SPECIAL LUNCHEON

*Includes Main Dish, Coffee or Tea  
Served Monday to Friday until 3:00 p.m.  
Not Served on Holidays*

**13.50**

### CHOICE of ONE

Cup of Soup

*Soup du Jour - Chicken Noodle - Chicken Rice - Mushroom Barley*

### CHOICE of MAIN DISH

Hungarian Goulash  
*served complete with broad  
noodles, peas & carrots*

Peppersteak  
*served in casserole  
on a bed of rice*

Stuffed Cabbage  
*served with potatoes or vegetables*  
or

Chicken Fricassee with Rice

### CHOICE of HOT OPEN SANDWICHES

**ROAST TURKEY**, with gravy and french fried potatoes

**ROAST BEEF**, with gravy and french fried potatoes

**HOT BRISKET of BEEF**, with gravy and french fried potatoes  
or

### CHOICE of OMELETTES

Deli Omelette

Corned Beef & Eggs

Pastrami & Eggs

Salami & Eggs

*Served with French Fried Potatoes and Cole Slaw*  
or

### CHOICE of SALAD PLATTERS

Tuna Fish - Chopped Liver - Chicken Salad

TEA or COFFEE

*(No Substitutions Please)*

Sharing Charge \$2.00

## DESSERTS

HOMEMADE  
APPLE STRUDEL  
4.25

SEVEN LAYER CAKE  
4.25  
APPLESAUCE  
2.50

FRESH  
FRUIT SALAD  
3.95

BAKED APPLE  
3.95

FRUIT JELLO  
3.95

NOODLE PUDDING  
with  
HOT FRUIT SAUCE  
4.95

RUGELACH  
4.25

## BEVERAGES

SODA  
1.95  
HOT TEA  
1.25

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### THE GREAT "EARLY BIRD" DINNER

*Includes Soup, Main Dish, Dessert and Beverage*

Served Monday to Friday until 6:00 p.m.

*Not Served on Holidays*

**16.95**

CHOICE of ONE

Cup of Soup

*Soup du Jour - Chicken Noodle - Chicken Rice - Mushroom Barley*

### CHOICE of ONE ENTREE

**CORNED BEEF** or **PASTRAMI**, *with Eggs (Pancake Style)*

**HUNGARIAN GOULASH**, *with Broad Noodles, Peas & Carrots (complete)*

**CHICKEN FRICASSEE**, *served over Rice (complete)*

**BROILED LIVER STEAK**, *smothered with onions*

**SOUTHERN FRIED CHICKEN**

**ONE-HALF ROAST CHICKEN**

**ONE-HALF BOILED CHICKEN**

**STUFFED CABBAGE (2) HUNGROISE**

**BRAISED FRESH BRISKET of BEEF**

### CHOICE of ONE SIDE DISH

Kasha Varnishkes - Peas and Carrots - String Beans

Noodle Pudding - French Fries - Potato Pancake *with applesauce*

### CHOICE of ONE DESSERT

Apple Strudel • Fruit Salad • Rugalach • Seven-Layer-Cake

### CHOICE of ONE BEVERAGE

Coffe - Tea - Sanka

*(No Substitutions Please)*

Sharing Charge \$2.00

### BEVERAGES

ICED TEA

1.75

SNAPPLE ICED TEA

2.50

COFFEE

1.25

SANKA

1.50

BOTTLED WATER

1.75

### BEER

*DOMESTIC*

Bud Light

Budweiser

Miller Genuine Draft

Coors Lite

Michelob

4.25

*IMPORTED*

Moosehead,

Heineken,

Beck's

4.95